



DEPARTMENT OF THE NAVY
COMMANDING OFFICER
U.S. NAVAL STATION GUANTANAMO BAY CUBA
PSC 1005 BOX 25 FPO AA 34009-0100

9 October 2024

Commanding Officer's Policy 11-24

From: Commanding Officer, U.S. Naval Station, Guantanamo Bay, Cuba

Subj: OPERATIONAL STRESS CONTROL POLICY

Ref: (a) NAVADMIN 222/19
(b) NAVADMIN 332/20

1. In accordance with references (a) and (b), U.S. Naval Station, Guantanamo Bay, Cuba has reviewed all requirements and implemented the following actions:

a. *The My Navy Family* Application has been advertised in all Welcome Aboard Letters along with the Ombudsman's contact information to assist Navy families during a Permanent Change of Station.

b. Command Indoctrination has been modified to include an introduction to the Command Resilience Team (CRT), its functions, and the essential role of deck-plate leadership.

c. A list of organic resources (command-provided) and inorganic resources (provided external to the command from both Navy and Non-Navy sources) has been posted in a common area to aid in connecting service members, civilians and their families with support services.

d. The Command Sponsor Coordinator and Command Indoctrination Coordinator have been added as permanent members of the CRT.

2. Point of contact for this matter is GSEC Cassandra T. Edwards and MAC Craig D. Palmer, U.S. Naval Station, Guantanamo Bay, Cuba, Command Climate Specialist and Command Managed Equal Opportunity Program Manager, who may be reached at, commercial (757) 458-4744, or via e-mail: cassandra.t.edwards.mil@us.navy.mil and craig.d.palmer.mil@us.navy.mil.


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